

# Soroptigram

## President's Message:

Each month there is a symbol to bring interest and a bit of fun. January is snowflakes, February is hearts and has even been dubbed as "American Heart Month" as of 1963. This small tradition provides focus and interest to share with our loved ones and to pass down to future generations. It especially offers interest beyond the daily routine and relief from the cold and wet weather we have been having, at least for some. Winter lovers like me are enjoying a taste of it. As we venture out most days, or stay in, we look forward to Phil's prediction and only a few more weeks of winter. I didn't hear Phil's prediction but the skunks, a week before Phil, predicted spring in six weeks. They are to be more reliable according to animal experts.

So, grab a cup of hot chocolate and warm your heart, as we step into our very busy part of the club year. Committees are tying up nominations for our awards. Our LYD recipients' awards will be presented in March. Check their bios on page 2. Patty is working hard on our Ruby award for April. And the Scholarship committee is gearing up for their presentations by updating the application and of course, sending and receiving applications.

The nomination committee will be knocking on your doors, so to speak, for your assistance in running the club's business. I hope when you receive the call you will respond "Yes, just show me the way". I'm sure there are ways you can each serve and support the club's growth and mission.

Heartfelt thanks are sent to all of you who serve and say yes and to all of you who support the club with your donations and smiling faces each month. Remember to wear red when we meet at the library for our next meeting.

*Marybeth*



SOROPTIMIST®

## Investing in Dreams

### FEBRUARY'S MEETING PROGRAM

**Heart Health**

### INSPIRATION

**Jackie Speaks**

### MONTHLY COLLECTION Monetary Collection for Heart Association

**DATE: February 25**

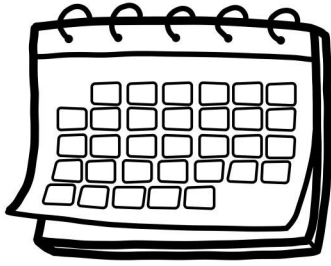
**TIME: 1 PM**

**PLACE: East Shore  
Branch of DCLS**

**DINNER COST: \$20**

**Menu is Soup and Salad**

## Calendar of Upcoming Events



February 25 — Lunch meeting, 1 p.m. Location East Shore Library

March 11—SI Board at Billie Hawk's, p.m.

March 25—SI Dinner meeting, Faith Immanuel Presbyterian Church. LYD

Awardees

May 2-4, 2025 — NAR Spring Conference, Glen Falls NY

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### *February and March Meetings*

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In February:

We will discuss upcoming projects (Dream-It-Be-It and Weaver Scholarship promotion) as well hear from the American Heart Association. Our monthly collection will be a cash collection to offset our donation to the Heart Association.

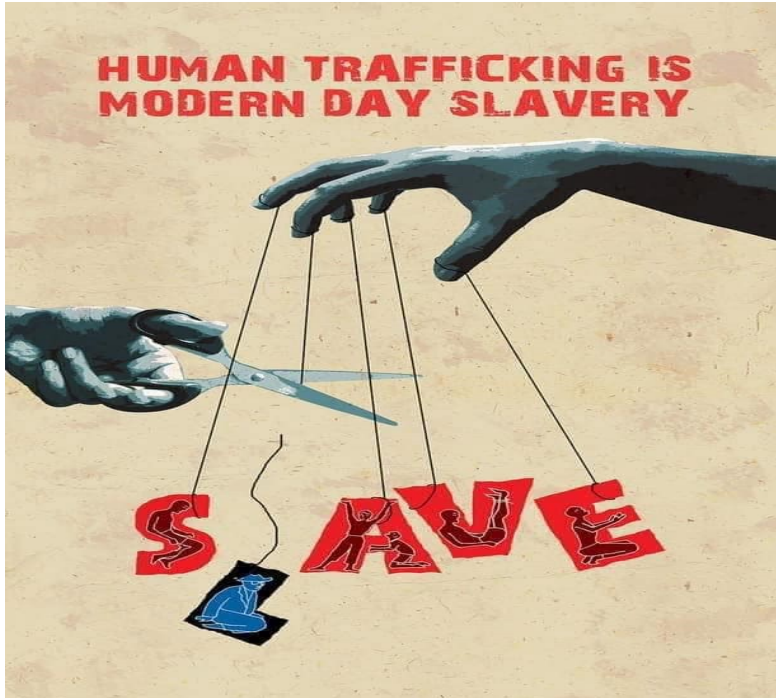
In March we will recognize our LYD winners:

Hannah Foltz of York is our first place winner. She is the mother of two one 6 the other 12. She is also responsible for a parent. Hannah will attend Pa College of Technology, with the goal of becoming a Pediatric Radiologist. After her two year course of study she plans to further her studies by certifying in MRI,CT,and PET radiograms.

live  
**YOUR**  
dream  
education & training awards for women®

Jesenia Matias is our second place winner. She is the mother of three children 1,4, and 15. She has completed two years a York College for her Associates in Criminal Justice and is now enrolled in Southern New Hampshire University to complete a Bachelors degree Criminal Justice with a minor in Cyber Security. Her goal is work with human trafficking.

## SOROPTIMIST UPLIFT HER!



We continue to focus on ways to combat human trafficking in our area.

Learn the ways traffickers look to control their victims and be alert to activities around you that just “seem strange”.

Check out <https://peacepromise.org/> for more information on this topic.

## WEAVER APPLICATION FOR 2025

The Weaver application has been updated for the 2025 award year and copies are available on our website ([si-harrisburg.org](http://si-harrisburg.org)). In addition, paper copies will be available at the February meeting for members to share as needed.

Due date has been moved earlier in the spring (April 14) to ensure our candidate is selected before the end of the school year?



### IMPORTANT ANNOUNCEMENT

Soroptimist International of Harrisburg is accepting applications for the Weaver Scholarship. This \$2,000 scholarship is for a female high school student who will attend college in the fall and major in a STEM subject. Applications can be found on our website, [si-harrisburg.org](http://si-harrisburg.org)



## SIA Women's Tea



We are delighted to invite you to SIA's Fourth Annual International Women's Day Virtual Tea

Party on March 10 at 8 p.m. (ET).

This year's theme is #AccelerateAction. Why accelerate? The World Economic Forum estimated that it will take 133 years to reach full gender parity. Can't wait until the year 2158? Then join us to discuss ways to accelerate our action in achieving economic empowerment for women and

## DREAM IT BE IT



President Marybeth and Committee Member Alice Lubrecht will meet with Salvation Army to finalize plans for our DIBI Career Fair which we have scheduled for late May. Interested in helping

at the event? You will need your child clearances. Check out the PA Department of Human Services website for the way to obtain your clearance. <https://www.pa.gov/agencies/dhs/resources/keep-kids-safe/child-abuse-clearances/pa-child-abuse-history-clearance.html>

## FUNDRAISING



**GIANT GROCERY CARDS:** Treat a senior citizen, family member or give a gift to a family or individual in need to assistance. Giant grocery cards can be purchased in amounts of

\$25, \$50 and \$100 by contacting Jacalyn Speaks at [jcspeack@aol.com](mailto:jcspeack@aol.com). The club receives 5% of the value of cards sold to use towards our projects.

# National Heart Health Month

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K	S	L	O	R	E	T	S	E	L	O	H	C	H
S	E	F	E	R	U	S	S	E	R	P	K	T	C
I	G	N	I	K	O	M	S	R	O	T	C	A	F
R	W	A	L	K	I	N	G	A	F	O	O	D	S
S	O	R	H	A	F	O	O	H	S	O	C	B	R
H	I	B	C	E	H	R	L	F	A	L	O	L	N
K	C	A	T	T	A	S	U	C	E	K	N	O	P
P	Y	U	F	G	H	R	I	I	T	S	T	O	L
C	L	O	G	S	R	L	T	F	T	S	R	D	A
E	N	H	I	G	H	A	D	C	O	S	O	T	Q
F	I	B	E	R	T	E	I	D	U	O	L	U	U
R	H	U	M	A	N	A	R	N	K	E	R	I	E
A	E	I	Y	E	K	O	R	T	S	T	O	L	C

CLOGS  
FRUITS  
GRAINS  
PRESSURE  
SEEDS  
HIGH  
FACTORS  
FIBER  
STROKE  
CHOLESTEROL  
ATTACK  
CONTROL  
ARTERIES  
FISH  
HEART  
RISK  
FOODS  
WALKING  
HUMANA  
BLOOD  
DIET  
PLAQUE  
SMOKING  
CLOTS

Play this puzzle online at : <https://thewordsearch.com/puzzle/1822128/>



## Soroptimist International of Harrisburg's Mission

The Harrisburg Club's mission is to use our time, talents and resources to advance the status of women and children. To accomplish this mission, we establish and support specific projects to address the needs locally, regionally and internationally.

### Soroptimist International of Harrisburg

We are on the web at:  
[www.si-Harrisburg.org](http://www.si-Harrisburg.org)

**SOROPTIGRAM DEADLINE:**  
The first Wednesday of  
each month.

Editor: Alice Lubrecht

### **Soroptimist International of Harrisburg PA Inc**

#### **2024-2025 Officers and Board**

President: Marybeth Lehtimaki  
Recording Secretary: M Susan Wolfe  
Corresponding Secretary: Patti Krow  
Treasurer: Alice Lubrecht

Directors:  
Billie Hawk 2024-2026  
Jackie Speaks 2024-2026  
Joan Gibson 2024-2025

Delegates:  
Joan Gibson 2024-2026  
Sally Straining 2024-2025